## FACULTY DEVELOPMENT PROGRAMME

## STAFF STUDY SESSION I

On 18th of February, 2013 there was a Staff study session as a part of the faculty development programme, conducted by Father James Chacko, H.O.D, Department of Psychology, Salesian College Siliguri Campus. This session was about his Doctoral desertation on "Effectiveness of Clinical Hypnosis" in alleviating Post Traumatic Stress Disorder (PTSD) symptoms of children in conflict with the law.

This research was run among a group of young criminals in the 'Cebu' city jail of South Philippines. The Subjects of the research were all implicated in murder cases and being minors it is presumed that having encountered death face to face they could develop PTSD. The researchers identified the degree of Post Traumatic Stress with a standard scale on the experimental group and provided the intervention of clinical hypnosis to help them resolve their psychotrauma. After intervention the post test indicated the significant improvement in the PTSD symptoms of the subjects then establishing the effectiveness of the clinical hypnosis in alleviating PTSD of a child in conflict with the law. After the lecture there was an interactive session where few questions were asked by the faculty of Salesian College.

They are as follows:

Firstly, how much is it applicable in the Indian context?

Secondly, what are the factors that give rise to the PTSD rate of criminality?

Thirdly, what should be the response of society towards these children?

All these questions were well answered by Father James Chacko who mentioned that psycho trauma is applicable for both Indians and Non-Indians. The reason behind the increasing rate can be poor upbringing, broken families, poverty, peer group pressure and unemployment and the solution would be one to one intervention. With this the session came to an end.

## STAFF STUDY SESSION II

On 16TH of February, there was another staff study session conducted by Mr. Indrajeet Chatterjee, PG Programme coordinator, Salesian college Siliguri Campus. It was about the "Learning Curve" which throws light on the basic concerns of teaching communities across the World. In this session some references were made to the Asian contexts, keeping in mind South Korea and India where Independence of teaching community is co-related with responsibility. It also laid impetus on how teaching could be made more effective. Right after the lecture there was an interactive session which was commendable.

Reported by Priyanka Das (faculty)